



Ashley Kate
HR & Finance

HR Director Boardroom

June 2021

EVERSHEDS
SUTHERLAND



INTRODUCTION

Ashley Kate HR & Finance along with Eversheds Sutherland (International) LLP have been coordinating HR Director Boardroom events for over 10 years. Each year we invite influential HR Directors to talk openly about topics pertinent to the HR Community.

The idea behind this format is to bring HR Directors together in a boardroom to discuss and debate the topic presented; Partners of Eversheds Sutherland (International) LLP chair these meetings.

Since the global pandemic, we have adapted the HR Director Boardroom and Employment Law Updates events to an online video platform, to ensure we are still supporting the HR community. The first of which took place in June 2020.

This workshop was presented by Jennifer Bryan, who is a published author and practicing Change Consultant, working with over 30 different organisations across multiple industries.

"Building Resilience in a Changing Environment"

Following is the summary from this session. If you are interested in joining one of these events or would like to be considered as a guest speaker, please get in touch with:

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DISCUSSION TOPIC

"Building Resilience in a Changing Environment"

Presented by Jennifer Bryan, Director in Change
& Leadership from ABChange Consultancy.



SUMMARY

Remember to build resilience requires learning and learning requires change and change requires learning. So to help ourselves and others on the journey, we need to take a holistic approach, which encompasses all the aspects of a changing context – external and internal. Then we can use the ABChange model to help build our change plans in a resilient way.

One of the key areas we talked about was really understanding what is it we need to really do – our biggest priority and hence the type of change we are dealing with. Once we have that defined though, during these changing times, it is about using “testing” language, so everyone knows ‘this is not set in stone’ – it is a test and identify very clear measures for the test. This then enables and re-assures everyone that action will be taken if things are not going so well.

And finally, we talked about a reflection/takeaway thought: What communities are you a part of – what makes you feel like you are part of that community? Then how can you replicate that in the workplace to help others feel a part of a community?

FEEDBACK

“ I really enjoyed participating in this event. It was a great start to the day and brightened the day afterwards. ”

“ Really great session, lots of useful information to take away and implement. ”

“ Very useful session, thank you. ”



OVERVIEW

If you want to purchase her book, you can via:

Publisher: www.legendbookshop.com

Publishers discount on their site only: AshleyKate20

You can find her book at:

[Amazon](#)

[Waterstones](#)

[WHSmith](#)

JENNIFER BRYAN



Jennifer Bryan is a published author and practicing Change Consultant, who has worked with over 30 different organisations across multiple industries. She has created a unique leading change framework, the ABChange Model, which has been published and presented at multiple conferences and client leadership events. The Model is underpinned by accepted theories in leadership and change. It then builds upon them a framework that enables managers to create their own strategies and action plans, effecting specific change within their organisations.

Jennifer is the author of the book, *Leading People in Change – A practical guide* (2021), and articles *Successfully Managing Change in the Workplace* in *Corporate Real Estate Journal* vol. 8.1, *Journey of Leadership in the Workplace* in *iCroner* (September 2014) and *Lead Behaviour in Coaching at Work* (July 2012).

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